

## ***Peace Is...Life***

Acts 2:14, 22-23 ***“But God raised him up, releasing him from the throes of death, because it was impossible for him to be held by it.”***

Psalm 16: 1-2, 5,7-8, 9-10,11 ***“Lord, you will show us the path of life.”***

1 Peter 1:17-21 ***“...conduct yourselves with reverence...”***  
***“...you were ransomed...with the precious blood of Christ”***

Luke 24: 13-35 ***“Were not our hearts burning within us while he spoke to us on the way and opened the Scriptures to us?”***  
***“...he was made known to them in the breaking of bread.”***

### **Reflection**

Jesus shed His Precious Blood to heal us and save us from our sins. He shows us the path of life, which is love and concern for others, exercising patience, forgiveness, kindness, and generosity toward those along our life's journey.

What does it mean to conduct ourselves with reverence? Are we aware of God's constant presence among us?

How do we encounter Christ in the “breaking of the bread,” the Eucharist? Do we receive Him in a state of grace? Do we allow His word to burn in our hearts and drive our actions? Do we find enough silence in our lives to hear Him speaking to our hearts?

What does it mean to be a witness to Christ? To be a true disciple of Christ?

### **Action**

•“Let them know we are Christians by our love.”

Be loving and forgiving to each person you encounter today.

•Share your faith with one person this week. One way might be to tell someone how God answered your prayer. Or tell someone how God has touched your life.

•Help to make our Catholic community vibrant with life! Everyone's active participation is needed for the Church to thrive. Choose one way to share your time and gifts within your parish, and commit to it. There are many needs within the parishes, and many opportunities: some big, some small.

Some examples of where you can help: ***landscaping; sewing; cleaning the churches; laundry; teaching in the Children's Faith Formation Program; serving during Mass as an usher, lector, Eucharistic minister, or in the choir; Liturgy Planning Committee; St. Vincent de Paul Society; sort and repackage food at the NWI Food Bank.***

•Pray: for our parishes, our community, our country, our world. Pray for ourselves, that we learn to be true witnesses and disciples of Christ.

***“(Lord), you have made known to me the paths of life;  
You will fill me with joy in your presence.”***

***~Psalm 16: 11***