



## ***Peace is...heeding the Voice of God***



Deuteronomy 18:17-18 *“And the Lord said to me,...I will raise up for them a prophet like you from among their kin, and will put my words into his mouth ...”*

Psalms 95:7-8 *“If today you hear His voice, harden not your hearts.”*

1 Corinthians 7:32 *“Brothers and Sisters: I should like you to be free of anxieties.”*

Mark 1:22 *“Jesus...taught them as one having authority”*

### **Reflection:**

The scriptures today tell us that we must listen to the voice of God. We have a responsibility to heed God's word in the scriptures and through His prophets. In the Gospel the voice of Jesus restores peace to the troubled man. When we place God at the center of our lives and put His words into practice, we will have peace.

**Action:** *Each day this month, choose one action to do:*

### **JUST FOR TODAY\***

Today...I will live in peace with God, my neighbor and myself. I will bring peace to my patch of this earth.

Today...I will believe that world peace is possible. I will remember that hope is the most important gift I can give my world.

Today...I will not be a party to pessimism nor join the indifferent.

Today...I will be happy. I will remember that my joy is up to me. I will carry my confidence to all I touch this day.

Today...I will love my enemies. I will pray for them. I will try to see our differences from their point of view.

Today...I will disarm myself of rage by extending my hand in help and forgiveness.

Today...I will know that peace is the child of justice – that peace is more than the absence of war.

Today...I will plant a seed of justice in this global village, in my city, in my neighborhood, in my family and in my heart.

Today...I will pray for peace for all those with whom I come into contact.

Today...I will test my love of peace by doing one act for peace.

Today...I will stand with Christ the Peacemaker.



\*Taken from Just for Today leaflet: by Frederick Ruof, Baltimore, MD

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